

ALBUQUERQUE INVITATIONAL TRACK & FIELD MEET

Friday, April 5, 2019-Saturday, April 6, 2019

Participants

BOYS & GIRLS @ NUSEDA COMMUNITY STADIUM

Albuquerque Academy	Del Norte	Miyamura	Valley
Albuquerque	Eldorado	Rio Grande	Volcano Vista
Atrisco Heritage	Highland	Sandia	West Mesa
Bosque School	La Cueva	Sandia Prep	
Cibola	Manzano	St. Pius X	

Entries

Submit entries through Direct Athletics, www.directathletics.com, by 9:00am the day prior to meet.

Format

Seeding of heats will be serpentine, top 8 times qualify to finals in the 400m Relay, 100m/110m Hurdles, 100m Dash, 400m Dash, 300m Hurdles and 200m Dash. Seeding of heats will be slowest to fastest, timed finals in the 3200m Run, 1600m Run, 800m Relay, 1600m Medley Relay and 1600m Relay.

Lane assignments Curved races: 3-4-5-6-7-8-2-1 Straight races: 4-5-3-6-2-7-1-8

Field events will be 3 preliminary trials/top 8 qualify for finals with 3 additional trials; the groups will be flighted lowest entry mark to highest entry mark. If no mark is given the participant will be placed before the lowest entry mark.

ALL throwing field events will be flighted ABCD. Boys/Girls Long Jump, Boys/Girls Triple Jump, Boys/Girls Pole Vault and Boys/Girls High Jump will be timed OPEN PIT.

Time Schedule Order of Events

Friday, April 5, 2019

3:45pm	Field Judge Meeting
4:00pm	Equipment Weigh-In
4:00pm	Scratch Meeting
4:20pm	Coaches Meeting
4:45pm	Running Official Meeting

FIELD EVENTS

4:45pm—6:45pm	Girls Shot Put
4:45pm—6:45pm	Boys High Jump
4:45pm—6:45pm	Boys Javelin
4:45pm—6:45pm	Boys Long Jump
4:45pm—7:15pm	Girls Pole Vault
7:00pm—9:00pm	Boys Shot Put
7:00pm—9:00pm	Girls Javelin
7:00pm—9:00pm	Girls Long Jump

RUNNING EVENTS

5:30pm	Girls 3200m Run (Heat #2 Final)
	Boys 3200m Run (Heat #2 Final)
	Girls/Boys 400m Relay
	Girls/Boys 100m/110m Hurdles
	Girls/Boys 100m Dash
	Girls 3200m Run (Heat #1 Final)
	Boys 3200m Run (Heat #1 Final)
	Girls/Boys 400m Dash
	Girls/Boys 300m Hurdles
	Girls/Boys 200m Dash

Saturday, April 6, 2019

7:45am	Field Judge Meeting
8:00am	Equipment Weigh-In
9:15am	Scratch Meeting
9:35am	Coaches Meeting
10:00am	Running Official Meeting

FIELD EVENTS

8:45am—11:15am	Boys Pole Vault
8:45am—10:45am	Boys Triple Jump
8:45am—10:45am	Boys Discus
11:00am—1:00pm	Girls Triple Jump
8:45am—10:45am	Girls High Jump
11:00am—1:00pm	Girls Discus

RUNNING EVENTS (ALL FINALS)

10:45am	Girls/Boys 400m Relay
	Girls/Boys 100m/110m Hurdles
	Girls/Boys 100m Dash
	Girls/Boys 1600m Run
	Girls/Boys 800m Relay
	Break
	Girls/Boys 400m Dash
	Girls/Boys 300m Hurdles
	Girls/Boys 800m Run
	Girls/Boys 1600m Medley Relay
	Girls/Boys 200m Dash
	Break
	Girls/Boys 1600m Relay