

2019 Tiger Duals

Saturday, December 7, 2019
Valencia High School

SESSIONS:

FIRST ROUND: 8:30 A.M.
SECOND ROUND: 10:00 A.M.
THIRD ROUND: 11:30 P.M.
FOURTH ROUND: 1:00 P.M.
FIFTH ROUND: 2:30 P.M.

WEIGH INS: 7:30 A.M.



ALL TEAMS MUST TURN IN AN UPDATED WWMP SHEET OR WEIGH-IN FORM GENERATED FROM THE NWCA WEBSITE. WEIGH-INS WILL BE CONDUCTED ON THE NORTH BALCONY GYM.

WEIGHTS: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

AWARDS: TEAM TROPHIES TO 1ST 2ND AND 3RD PLACE

ENTRY FEE: \$175.00 To: Los Lunas Athletics
PO Drawer 1300
Los Lunas, NM 87031

TEAMS: LOS LUNAS, ALBUQUERQUE HIGH, RIO GRANDE, ACADEMY, FARMINGTON, BLOOMFIELD, CLEVELAND CENTENNIAL, BERNALILLO, VALENCIA, TUCUMCARI, KIRTLAND CENTRAL.

FOR MORE INFORMATION CONTACT COACH STEVE CHAVEZ (505) 620-4290