

JUNIOR VARSITY TRACK & FIELD MEET FORMAT 2021-2022

GENERAL INFORMATION

The junior varsity track & field schedule is posted on the APS Athletic Department website, www.aps.edu/athletics, under *Athletics Calendar*; the host schedule and host responsibilities are attached to each scheduled meet. Meet results are the responsibility of each host school's coaching staff. Meets will not be scored and awards will not be provided.

ENTRIES

Athletes will declare entry into events at each scheduled track meet. Entries will take place at the start/finish line for running events with the judges responsible for hosting running events (Host A). Entries will take place at individual field events with the judges responsible for hosting jumping events (Host B) and throwing events (Host C).

MEET SCHEDULE

Host A coach will conduct a coaches meeting a minimum of fifteen minutes prior to the first scheduled event in order to ensure that ALL coaches are aware of the format and how the meet will be conducted. Field events will be conducted as open events and sessions will roll through the schedule with Discus and Triple Jump events happening at the conclusion of session I events. Running events will be conducted in the order listed and on a rolling schedule.

FIELD EVENTS

(Session I—4:00pm, Session II follows at the conclusion of Session I events)

High Jump	Session I
Pole Vault	Session I
Long Jump	Session I
Javelin	Session I
Shot Put	Session I
Discus	Session II
Triple Jump	Session II

Three trials (Fourth trial may be added if time permits)

RUNNING EVENTS

(4:15pm—Rolling schedule—Can add 3200m Relay into schedule if so choose)

3200m Run
4x100m Relay (400m Relay)
100m/110m Hurdles
100m Dash
1600m Run
4x200m Relay (800m Relay)
400m Dash
300m Hurdles
800m Run
Medley Relay
200m Dash
4x400m Relay (1600m Relay)